



## INDOOR TREE GROWING KIT

### Eco-culture by Seracon

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Growing trees indoors provides us the opportunity to cultivate exotic varieties that cannot be grown outdoors in our northern climate. The dwarf varieties offered can be grown indoors. Their attractive flowers and foliage are decorative while they produce edible fruit that is both tasty and nutritious. Indoor trees will purify the air inside your home by absorbing greenhouse gases.

**Hawaiian Noni Tree** - A dwarf tree with tropical leaves, used for over 2,000 years in Polynesia and Asia where its fruit is known to have many health benefits.

**Caribbean Guava Tree** – Believed to have originated in Mexico or Central America, the guava fruit is full of vitamins C as well as B & A. The fruit is sweet, juicy and extremely fragrant.

**Indian Tamarind Tree** – Lacy foliage is used for tea. Its long pod-shaped fruit is eaten fresh or can be added to curries and chutneys. It is the principle ingredient in Worcestershire and HP sauces. Easy to germinate and care for.

**Cherimoya Sugar Apple** – Native tree to the Andean highland valleys of Peru and Ecuador, it emits a fruity aroma even before it flowers and fruit appear. Its sweetness and mild acidity resemble a cross between a banana, passion fruit, papaya and pineapple. Its sweet custard juicy taste literally melts in the mouth. Mark Twain called Cherimoya “deliciousness itself”

Your kit includes: All natural seeds, a coconut coir disk (the growing medium) and a pot that is bio-degradable and compostable. It is fabricated from waste materials of rice, bamboo, and coconut that are typically burned releasing large amounts of carbon into the atmosphere. Converting this plant matter to useful products is an ideal way to sequester carbon that would otherwise add to greenhouse gases.

### PLANTING INSTRUCTIONS

Planting trees successfully requires a certain amount of seed preparation to replicate what occurs in nature.

1. Soak seeds overnight and then snip off the seed tip (at the narrower end before planting)
2. Place the coir disk in a bowl and add one cup of warm water. The disk will absorb all the water. Add more water, ½ cup at a time until the disk is completely saturated. The disk will expand to approx. 6 times its original size.
3. Slowly introduce the moistened eco-coir into your biodegradable pot evenly allowing the growing medium to aerate in the process with your hand. This will increase the volume of the moistened eco-coir.
4. Set aside one tablespoon of the growing medium.
5. Place SEEDS (from #1) on the growing medium, evenly spaced.
6. Sprinkle the growing medium (that was set aside from #4) and sprinkle lightly on top of the seeds.
7. Cover Pot with plastic ('Saran') wrap to imitate a greenhouse.
8. When seeds begin to germinate, remove plastic wrap.
9. Keep pot moist, but **DO NOT OVER WATER** after you remove plastic wrap.

Germination may take 2-4 weeks or more – when your seeds germinate the most vigorous seedling can be transplanted to a larger container. The ideal time to transplant to a larger pot is when plant is about to start a growth spurt – in spring when days are longer and warmer. Don't forget to scratch or break the surface of the pot when disposing of it in the ground. It will take approximately 18 months to decompose. The extra seedling can be cultivated as a bonsai plant. Google: “instructions for growing bonsai indoors”.

Note: **DO NOT OVERWATER!** Allow the top of the grow-mix to be moderately dry before adding water.

Your Indoor Trees can be relocated outdoors on a patio or balcony in warmer weather and then brought indoors for the cooler months. Transplanting to a larger planter may speed up plant growth

**Be patient! Remember you are growing a TREE to last generations.**